

ART AND SCIENCE OF AESTHETIC AND REGENERATIVE MEDICINE 2016



Dear friends,

We are pleased to announce the 2nd International Congress **ASARM "Art & Science Of Aesthetic and Regenerative Medicine"** (Prague, Czech Republic, 25-26.11.2016)

The congress is organized in collaboration with cooperation University of Rome "G.Marconi" Rome, Italy.

Organized with:

WHA World Health Academy Foundation, Zurich (CH)

University Guglielmo Marconi (Rome, Italy)

First Medical Faculty of Charles University in Prague, Department of Anatomy

Czech-Kazakh Chamber of Commerce

Czech-Belorussian Chamber of Commerce

Congress has accreditation of **Czech Medical Chamber (12 credits)** and gives the certificate will be replaced by **60 credits in the European Credit Transfer and Accumulation System** credits if you decide to go to university **Guglielmo Marconi (Rome, Italy)** in the master's program "**Regenerative and anti-age medicine**".

ASFA (Art and Science of Facial Anatomy) 2016 - highly interactive Clinical Facial Anatomy Dissection & Live Injection Course (Prague, Czech Republic, 26.11.2016)
"The true Beauty is in Health"



The curator of the Congress - Prof. Torello Lotti, Italy.

Dear colleagues,

The Golden City of Prague will host on November 25-26th an amazing interactive and integrated theoretical-practical meeting entitled "Art and Science of Aesthetic and Regenerative Medicine". Participants will obtain their certificate of attendance delivered by the World Health Academy (WHA). The certificate will replace the formal examination in case the participant will decide to attend the University Master on Regenerative and Anti-Aging Medicine issued by the University of Rome "Guglielmo Marconi" with 60 CFU credits recognized by the European Union Academic Authority.
Happy to welcome you personally to Prague!



Zukhra Abdullayeva, the founder of the Congress, President ZAN Holding

It's our great honor to invite you to attend the second international congress "Art and Science of Aesthetic and Regenerative Medicine" and first cadaver class ASFA «Art and Science of Facial Anatomy»
The main purpose of the event is to propose creative scientific approach for reaching improved results in your everyday practice.
At the core of the congress are interactive lectures with live demonstrations, combination of art and science in aesthetical medicine.
Use this wonderful opportunity to exchange academic information and to enjoy wonderful Prague.
We are looking forward to welcome you personally to Prague!

ASARM 25-26.11.2016 www.asarm.org
info@asarm.org info@infokrassa.cz

ART AND SCIENCE OF AESTHETIC AND REGENERATIVE MEDICINE 2016



Friday, 25th November 2016

Venue: Radisson Blu Alcron Hotel 5*, Prague

9:00-9:30 Registration

9:30- 9:45 Welcome speech of chairman of **MUDr. Marta Moidlová, Czech Republic**

9:45-10:30 **Prof. MUDr. Marketa Duskova., CSc.**

- . Aging process of face and indications for plastic surgery

10:30-11:15 **Prof. MD. Torello Lotti, Italy**

- . Morphology of skin changes after different invasive procedures
- Discussion: Questions from the audience

11:15-11:30 Coffee Break

11:30-12:25 **Dr. Illya Mageriya, Russia**

- . Androgens, estrogen- skin condition and its impact on the overall condition of the person
 - . Hormonal nutrition or hormone replacement therapy
- Discussion: Questions from the audience

12:15-14:00 **Dr. Kakas Paraskevas, Greece**

- . Aesthetic of beauty - Harmony of proportions
 - . Lips-anatomical features and perfect proportions
 - . Threads technique: positive effects and possible complications
- Discussion: Questions from the audience
Life Demonstration

14:00-15:00 Lunch Break

15:00- 15:30 **Dr. Ekaterina Khanzha, Russia**

- . Forbidden topic: complications and how to work with them?
 - . Hazardous areas- How to avoid them?
- Discussion: Questions from the audience
Life Demonstration

15:30-16:45 **Prof. Maurizio Ciccarelli, Italy**

- . Physiological Medicine and Aesthetics. Market research independent from commercial influence
- . The combination of PRP and lipolytic

16:45-17:00- Coffee Break

17:00-18:30 **Dr. Oleg Banige, Russia**

- . Modeling Face as an Art: trends and innovations
 - . Non-surgical rhinoplasty and mentoplasty
 - . Temporal Zone
 - . Possible complications while injection the fillers
 - . Often mistakes in contour plastic injection
- Discussion: Questions from the audience
Life Demonstration

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ALL PRESENTATIONS ARE IN ENGLISH SIMULTANEOUS TRANSLATION (ENGLISH, CZECH, RUSSIAN)



Saturday, 26th November 2016

Venue: First Medical Faculty of Charles University in Prague, Department of Anatomy

ASFA is a course where you will enjoy a Small Group Learning with Close Interaction with Selected Internationally Renowned Aesthetic and Anatomy Experts

The emphasis will be on practical knowledge and skills as well as sound knowledge of anatomy and physiology of the superficial structures of the face.

The course is organized in collaboration with Department of Anatomy, First Medical Faculty of Charles University in Prague.

Medical anatomy specialist: MUDr. Ivo Klepáček CSc, Czech Republic

Plastic surgeons (Course Supervisors): Dr. Kakas Paraskevas, Greece; Dr. Oleg Banige, Russia

8:00-10:00 MUDr. Ivo Klepáček CSc, Czech Republic.

Theory of anatomy and morphology- "Topographic - anatomical characteristics of the face and neck."
Morphological changes.

Basic concepts and guidelines in the anatomy of the face and neck

Anatomical areas of the face and neck

- Formation age anatomic changes and structures of the face and neck
- Facial skeleton: Aging changes of the facial skeleton
- Designated muscle fixation, function, blood supply, innervation
- Venous system. The main veins of the face and neck venous anastomoses
- Bundles and fascial septum face nodes
- Face Triangle, dangerous zones.
- The lymphatic system

What is SMAS. (Superficial muscular aponeurotic system)

- Deep fat cellular spaces
- Features of the subcutaneous adipose tissue and the face and neck (under skin fat)

10:00-10:30 Coffee break and preparation to dissection

10:30-18:00 **Dissection and practice:** What , where and how to inject and how to avoid complications.
Tactics and manipulation techniques from the experts.

- . The upper, middle and lower face. Six anatomical zones most commonly used for injections.
- . Practice of dissection and injection on cadavers

Anatomical teaching has 2 possibilities

1. Possibility to dissect and inject under supervision
2. Life Stream from dissection room to auditorium

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ART AND SCIENCE OF AESTHETIC AND REGENERATIVE MEDICINE 2016

REGISTRATION FEES	ONSITE RATE	FOR STUDENTS Of U G.Marconi Charles University
2 days congress participation 25-26.11.2016 ASARM+ASFA Possibility to dissect and inject under supervision VIP in front seats	EUR 1300	EUR 1000
2 days congress participation 25-26.11.2016 ASARM+ASFA Life Stream from dissection room to auditorium	EUR 1050	EUR 900
1 day cadaver class participation 26.11.2016 ASFA Possibility to dissect and inject under supervision	EUR 1000	EUR 800
1 day cadaver class participation 26.11.2016 ASFA Life Stream from dissection room to auditorium	EUR 800	EUR 700

REGISTRATION IS ONLINE ON WWW.ASARM.ORG

REGISTRATION FEE INCLUDES:

- 60 credits in the European Credit Transfer and Accumulation System credits Guglielmo Marconi university entrance (Rome, Italy) of master's program "Regenerative and anti-age medicine"
- 12 credits Czech Medical Chamber (Czech doctors only)
- 2 Certificates: ASARM and ASFA 2016 (depends on day attendance)

- SIMULTANEOUS TRANSLATION (ENGLISH, CZECH, RUSSIAN)
- TRANSFER AIRPORT-HOTEL-AIRPORT
- TRANSFER TO CADAVER COURSE ON 26.11.2016
- GALA DINNER
- COFFEE BREAKS AND IN-CONGRESS LUNCH
- VISA SUPPORT
- CONGRESS BAG
- LEARNING MATERIALS
- MEDICAL GOWN, CAP AND OVERSHOES FOR CADAVER COURSE

*Limited seats!

*Registration online on www.asarm.org

*For more information please contact info@asarm.org artscience2015@gmail.com

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